



"Ospedale Sant'Anna di Como"  
Presidio di San Fermo della Battaglia

Sistema Socio Sanitario



Regione  
Lombardia  
ASST Lariana

Dipartimento dei Servizi

**UOC Patologia Clinica - Laboratorio Analisi**

**Presidio Ospedaliero Sant'Anna  
San Fermo della Battaglia (CO)**

**Direttore f.f. : dr. Michelarangelo Partenope**

Tel 031.585.9093

Segreteria 031 585.9094

segreteria.laboratorio.osa@asst-lariana.it

michele.partenope@asst-lariana.it

## INSTRUCTIONS FOR 24-HOUR URINE COLLECTION IN ACIDIFIED CONTAINER

List of tests to be carried out on acidified urine:

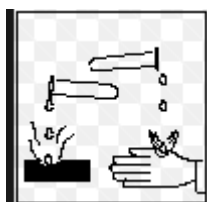
**Homovanillic acid - oxalic acid - 5-hydroxyindoleacetic acid - vanillylmandelic acid - metanephrines**

Begin collection in the morning, after emptying the bladder at the usual time (for example 7 a.m.) and, from that moment onwards, collect all subsequent urine during the day and night until the same time the next day. During collection, avoid exposing the container to light and to temperatures higher than 10°C.

**Note:** When testing for 5-hydroxyindoleacetic acid, vanillylmandelic acid and metanephrines it is necessary to follow a diet free of bananas, vanilla, chocolate, coffee, tea, pineapple, kiwi and walnuts, starting 48 hours prior and for the entire duration of urine collection.

Pee in a paper cup and then pour it into the container; absolutely **DO NOT** pee directly in the container

**CAUTION: THE CONTAINER CONTAINS 6N CLORIDIC ACID  
KEEP OUT OF REACH OF CHILDREN**



### Warnings

Indication of danger: H 290-314-335

Hydrochloridric acid is corrosive and, if it comes in contact with the skin it causes burns; if inhaled it causes irritation to the respiratory tract; if brought in contact with eyes it causes serious eye damage.

### First aid measures

**Contact with the skin:** immediately remove contaminated clothes and wash with water the body areas that came in contact with the acid

**Contact with the eyes:** wash with plenty of water with your eyelids open; then protect the eyes with a clean cloth

**Ingestion:** wash mouth with water without swallowing, do not induce vomiting and promptly contact a physician or a Poisons Centre; administer water with albumen, NOT sodium bicarbonate.

**Inhalation:** breath in a ventilated place.

**Note:** in case symptoms persist or get worse contact a physician or a Poisons Centre.

SURNAME NAME

DATE OF BIRTH

QUANTITY OF COLLECTED URINE: mL

HCL 24H FORM

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